



WIRELESS SAFETY TIPS



Don't sleep with an active cell phone near you. Turn to airplane mode.



Keep cell phones and tablets away from small children.



Replace a wireless baby monitor with a wired monitor.



Opt out of any smart meters. If possible, keep your analog utility meter or request its return.



Remove all cordless phones, and replace with wired ones.



Mothers to be, keep all wireless devices away from your abdomen.



Distance is your friend. Keep cell phones away from your head (use the speaker or air tube earbuds; not Bluetooth) and out of your pocket, bras, etc.



Do not use personal "wearable" wireless devices. If necessary, keep their use to a bare minimum.



Replace wireless home Wi-Fi with wired options. If impossible, put the router on a timer to turn off at night. Remove from high-use and sleeping areas.